

# FIRST + NEXT STEPS

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## REACH OUT TO YOUR NEIGHBORS VIA EMAIL OR PHONE

If you do not have their information, leave a note on their door explaining who you are, where you live, and how they can get in touch with you. Be sure to wash your hands and wipe down the note first.

## WHEN YOU SEE PEOPLE OUTSIDE... MAKE IT A POINT TO TALK TO THEM

One-minute conversations are a big deal when it comes to building relationships in our neighborhood. Use the Block Map visual included in this toolkit to write down and remember the names of your neighbors.

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## ASK YOUR NEIGHBORS HOW THEY ARE DOING IN THE MIDST OF THIS CRISIS

Asking simple and thoughtful questions is more important now than ever:

- How are you and your family doing in light of all of the changes?
- How has this impacted your job and your company?
- Have you noticed any silver linings as a result of the adjustments that this crisis has forced us all to make?
- Is there anything that you need or that I could help with?
- Have you been able to find flour or toilet paper anywhere?

**Real relationships are two-way streets—don't hesitate to ask for help and to share honestly about how you are feeling and doing.**

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## BUILD A NEIGHBORHOOD DIRECTORY

Compile contact information of the people that live in closest proximity to you and share it with everyone. Include names, addresses, phone, email, and even the names of children and/or pets if possible.

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