

A Framework for Spiritual Growth/Health

Recommended Books to Read in 2025

Celebration of Discipline: The Path to Spiritual Growth – Richard Foster

The Spirit of the Disciplines: Understanding How God Changes Lives – Dallas Willard

The Divine Conspiracy: Rediscovering our Hidden Life in God – Dallas Willard

Knowing God: J.I. Packer

The Contemplative Pastor: Returning to the Art of Spiritual Direction – Eugene Peterson

Answering God: The Psalms as Tools for Prayer – Eugene Peterson

The Practice of the Presence of God – Brother Lawrence

Devotional Classics: Selected Readings - Edited by Richard Foster and James B Smith

31 Days of Wisdom and Praise (daily readings in Psalms and Proverbs)

The Screwtape Letters – C.S. Lewis